

Fresh  
Face  
Co

# Safe Skin Guide

by Sallie Neville R.N.

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It's safety first.  
The ultimate  
guide to safely  
enhance your  
natural beauty.

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# 1. The Practitioner/

About Sallie Neville

Sallie is a highly experienced Specialist Registered Nurse with over two decades of expertise in the nursing profession, having worked extensively both in Australia and internationally.

She earned her nursing certification at The University of Sydney and also has specialised qualifications in Emergency/Critical Care and Cosmetic Nursing.

Driven by a passion for providing care during life's most vulnerable moments, Sallie built her career in the UK and Europe, working alongside leading surgeons specialising in plastic reconstructive surgery and post-cancer care. These experiences shaped her aspiration to take a more hands-on role in helping individuals achieve their personal aesthetic goals—ultimately inspiring the creation of Fresh Face Co.

In addition to her clinical work, Sallie serves as a Clinical Trainer for Alocuro, where she fosters a deep passion for regenerative medicine—a field she believes holds great promise for the future of aesthetic treatments.

In the dynamic and ever-evolving industry of aesthetic medicine, Sallie remains committed to staying at the forefront of the latest advancements and technologies. She continually seeks opportunities for further education and training, ensuring she is equipped to bring the most up-to-date treatments to her patients, and thereby ensuring their aesthetic success.

## Registered Nurse

Emergency and Cosmetic  
NMW000 1684288



**Ahpra Registered Nurse**  
[ahpra.gov.au](http://ahpra.gov.au)



**Aesthetic Medical Emergency Team**  
[aestheticmet.com.au](http://aestheticmet.com.au)



**Cosmetic Nurse Association**  
[aestheticmet.com.au](http://aestheticmet.com.au)



**Berkley Cosmetic Insurer**  
[berkleyinaus.com.au](http://berkleyinaus.com.au)



**Alocuro Clinical Trainer**  
[alocuro.com.au](http://alocuro.com.au)



# 2. Your rights/

Knowledge is power

It is essential to understand your rights and responsibilities in order to select a practitioner who prioritises safety and demonstrates a genuine commitment to achieving your aesthetic goals. Aesthetic procedures, while diverse and numerous, inherently carry potential risks and complications that must be considered with due diligence.

**Therapeutic Goods Administration**  
tga.gov.au



## Step 1 Know your rights

In Australia, the Therapeutic Goods Administration (TGA) enforces stringent guidelines to safeguard the well-being of individuals undergoing aesthetic treatments.

These rules are in place to ensure that practitioners adhere to the highest standards of care and prioritise patient safety.

## Step 2 Qualifications

The selection of a qualified and experienced practitioner is of paramount importance to ensure the success and safety of any cosmetic treatment.

You should verify that your practitioner is:

- Registered with the Australian Health Practitioner Regulation Agency (APHRA)
- Willing to provide proof of their registration

Additionally, ask your practitioner about their level of experience in delivering the specific procedure that you are about to receive

## Step 3 Consultation

### Information

Before proceeding with any treatment, a practitioner should provide a thorough consultation, covering comprehensive information about treatment, potential risks, benefits and expected aftercare.

### Aesthetics

It is crucial to choose an aesthetic practitioner who emphasises natural-looking results and aligns with your aesthetic preferences.

When a provider shares a similar vision for beauty and harmony, you are more likely to achieve results that are both flattering and consistent with your personal style.

### Aftercare

All aftercare instructions should be clearly communicated to ensure that you are fully prepared for the post-treatment phase and are equipped to achieve optimal results.

### Summary

An experienced professional will possess the technical skill required to navigate the nuances of each procedure, minimising risks and maximising the potential for desired outcomes.

**Ahpra**  
ahpra.gov.au



# 3. Treatments/

Who is authorised to treat?

When seeking a cosmetic injector in Australia, it is essential to ensure they possess the appropriate qualifications and experience to deliver safe and effective treatments.

## Qualifications

The practitioner should be a registered nurse, doctor, or dentist with specialised training in aesthetic injectables.

They must be accredited by recognized organizations such as the Australian Health Practitioner Regulation Agency (AHPRA) and hold relevant certification for administering cosmetic injectable treatments.

Also being a member of Cosmetic Nurse Association (CNA) they are part of a professional body representing nurses in the non-surgical cosmetic industry, demonstrating a commitment to the field and upholding standards of practice.

**Ahpra Registered Nurse**  
ahpra.gov.au



**Cosmetic Nurse Association**  
[aestheticmet.com.au](http://aestheticmet.com.au)



## Track record

In addition, a proven track record and experience in cosmetic procedures are vital for achieving natural-looking results.

This is where reviews and 'word of mouth' become a valuable option when you are thinking of cosmetic treatments.

Prospective clients should also check reviews or request before-and-after photos of previous patients to confirm the injector's skill and expertise.

## Safety Protocols

Strict hygiene and safety protocols are key to any patient's safety. Make sure the injector has ongoing training in:

- CPR
- First aid
- Anaphylaxis

It is essential to ensure the injector is prepared to handle any medical emergencies that may arise during or after treatment.

## Checklist

# Print out and ask these questions/

The best way to safeguard yourself from unnecessary risk and complications, is to ask these questions before choosing your cosmetic practitioner.

**Are they registered with APHRA, if so what is their registration number?**

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**Do they have insurance?**

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**Certificates in specialist training, ask them to provide?**

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**How many years have they been practising?**

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**Do they have first aid training and Emergency equipment on premises?**

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Thank you

If you any  
questions or  
concerns  
contact me/

Write [Sallie@FreshFace.co](mailto:Sallie@FreshFace.co)

Talk 0421 498 620

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